



ONE-ON-ONE INTERACTIONS POLICY

POLICY APPLICATION - The One-on-One Interactions Policy must be followed for all In-Program Contact.

POLICY REQUIREMENTS

1 | ALL One-on-One interactions between an Adult Participant and a Minor Athlete must be:

- Observable
- Interruptible

ELECTRONIC COMMUNICATIONS POLICY

POLICY APPLICATION - Policy applies to ALL communications between an Adult Participant and a Minor Athlete.

POLICY REQUIREMENTS

Electronic communication includes but is not limited to phone calls, video calls, texts, social media platforms (e.g., Facebook, Twitter, Instagram, WhatsApp, Snapchat, etc.), fitness applications, emails, and direct messaging that occurs between an Adult Participant and Minor Athlete(s).

- Must be Open and Transparent.
 - A parent/guardian, another adult family member of the Minor Athlete, or another Adult Participant must be copied or included in the communication.
 - This includes all communication initiated by a Minor Athlete
- Only electronic platforms that allow Open and Transparent communication can be used
- All team communication or communications from an Adult Participant to more than one Minor Athlete must copy or include another Adult Participant, or all the Minor Athletes' parents/guardians
- All communication should be professional in nature
- Organizations and Adult Participants must honor a parent/guardian's request to discontinue communication with their Minor Athlete unless there is an emergency.

POLICY EXCEPTIONS (*Applies to both policies above*) - If one of the following exceptions exists with appropriate consent, the One-on-One Interactions Policy does not need to be followed:

1 | Emergency

2 | Dual Relationship – The Adult Participant has an existing relationship with a Minor Athlete outside of the sports program.

3 | Close-in-Age – The Adult Participant has no Authority over the Minor Athlete and is not more than 4 years older than the Minor Athlete.

4 | Personal Care Assistant – The Adult Participant is a Personal Care Assistant and has met all the requirements.